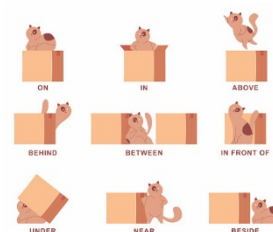
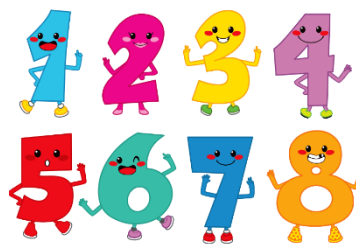


Activities to do with your children

Learning

- Matching
 1. socks
 2. shoes
 3. cutlery
 4. match kokies with other colours in the house
- Counting: - Rote counting is just counting from 0 up ...
 - Touch - counting is touching each object as you say the number
 - 1-1 counting is lifting an object and moving it into a different place while saying the number (count 3 smarties to put on your cookies)
 - Counting on - start counting from 3 etc.
 1. Practice counting trees, apples, toys etc
 2. Number of people in the family
 3. Setting the table
 4. Wheels on vehicles
 5. House numbers
- Prepositions (it is all about vocabulary, seeing and doing/acting out the words.)
 1. Stuffed toys: over/under/next too/behind
 2. Table and chairs
 3. Stand in front/ behind/ in between
 4. Hide behind etc
 5. Climb up ladder
- Colour/shape (match / identify and name colours and shapes)
 1. Identify shape and colour when you are out and about
 2. What colour shorts/ shirts/ shoes are you wearing etc
 3. What colour is your favourite
 4. Cup, toy etc
 5. I spy colours etc
- Patterning
- Letters/numbers
 1. Identify starting sounds of words
 2. Play I spy (colour, shape, sounds)
 3. Please don't teach them to write in upper case. All words except the first letter of their name must be lower case
 4. Identify numbers 1-5 younger groups /1-10 older groups
- Describing (language use)
 1. Describe your pet, favourite toy, wild animals, food etc
 2. Play a game where you describe an object and they guess what it is.
 3. Play a game where you describe something without the object, and they guess etc.
 4. Use all the senses to describe something
- Ordering by size
- Rhyming (explain what they are and what they mean/ use their stories/ songs/ chants)
 1. Learn nursery rhymes
 2. Make up silly rhyming words



Crafts

- Collages: Glue anything onto a different surface
 1. Items from nature



2. Buttons beads/ paper/magazines pictures torn or cut/ old greeting cards/ newspaper/ wrapping paper/ stickers

• Painting: (poster paint/ mud/ food colouring)

1. Use thick and thin brushes/ feathers/ sticks/toothbrushes/ anything you can think of

2. Paint onto paper/ newspaper/ stones/ driveway etc

3. Painting pebbles and hide them for someone else to find

• Sand/ playdough/ slime/ moon dough (find recipes on the web)

1. Make a sand tray in a baking tray/ box (wet or dry sand)

• Threading: (straws/ beads/cereal/ dog biscuits/ pasta etc)

• Cutting: (see attached addendum A)

1. straight lines, around shapes, cut out pictures from magazines, thin and thick paper/ cardboard etc)



Movement

See attached GET MOVING TODAY activity calendar

Cooking

Use different methods: oven, stove, microwave etc

- help prepare supper, vegetables
- follow recipes
- fruit salad
- talk about wet and dry ingredients
- learn to follow a recipe
- talk about measuring/ pouring/ stirring/ rolling/ mixing/spreading kneading etc
- Bake bread together and watch it rise



Story time

- READ to your children.
- Make up your own stories
- Use story cards
- Ask open ended questions about the story as well as content-based ones.
- Let children ask you questions about a specific topic



Games

- Don't emphasise the winning and losing but play until everyone has finished
- E.g.: snakes and ladders/ memory games/ UNO/ Ludo etc

Outdoor

See attached GET MOVING TODAY activity calendar

- Build tents
- Piggy in the middle
- Hopscotch
- Wolfie, wolfie what's the time
- All ball games
- Water play (bubbles, coloured water, empty bottles, floating and sinking)
- Gardening



Help with daily chores

- Washing, sweeping, vacuuming, folding, packing away, making beds etc.

Try being as innovative as possible. Use recycling and what you find at home, you do not need to spend lots of money.